

Exercise Science Minor

Students may use BIO 110, and PSY 101 to satisfy Core requirements.

Summary of Requirements for a Minor in Exercise Science

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Item #	Title	Credits
EXS 201	Health and Wellness	3
EXS 205	Nutrition Concepts for Exercise Science	3
EXS 302	Kinesiology	3
BIO 110	Principles of Biology I	4
BIO 260	Human Anatomy and Physiology I	4
BIO 262	Human Anatomy and Physiology II	4
PSY 101	Introduction to Psychology	3
Total Credits		27

Exercise Science Elective