

# EXS 450 : Senior Seminar in Exercise Science

Capstone course for Exercise Science that integrates theory, research, and practical experience in the field with career exploration and preparation. Preparation for external certification exams (ACSM and/or NSCA) is included.

**Credits** 3

**Prerequisites**

EXS 201

EXS 205

EXS 302

EXS 325

BIO 260

Or senior status as a declared Exercise Science major or minor.