

Intramural Athletics

The intramural athletic program at Lyon is an integral part of campus life. In addition to providing an opportunity for students to build healthy and active lifestyles, physical skills, and good sportsmanship, the program provides a frequent and natural occasion for camaraderie and fun.

The program offers an extensive schedule of competitions. Teams and individuals participate in flag football, basketball, softball, tennis, volleyball, badminton, free throw shooting, table tennis, miniature golf, horseshoes, campus golf, and a variety of special competitions.

Facilities for recreational athletics include an indoor swimming pool, basketball courts; a weightlifting and fitness area; an aerobics gym; lighted tennis courts; an outdoor walking track; fields for football, soccer, and softball; and a sand volleyball court.