

BIO 310 : Health Coaching

An introduction to a wide array of topics on healthcare and healthcare systems in preparation for a practicum as a health coach. Topics include but are not limited to diabetes, cardiovascular disease, dementia, organization of healthcare systems, ethical considerations, and strategies for promoting healthy lifestyles. The course is discussion-based and requires active student engagement.

Credits 1

Prerequisites

Junior standing with focus on a career in the healthcare industries (sophomores may petition to register for the class), minimum GPA of 3.0, and permission of instructor.